



# NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana\_nursing@yahoo.co.in | principal.ncn@narayanannursingcollege.com

website: https://www.narayanannursingcollege.com



Date: 03.09.2025

## PERMISSION LETTER

### From

The Principal,  
Narayana College Of Nursing,  
Chinthareddypalem,  
Nellore, Andhra Pradesh

### To

The Head Master,  
Mandal Praja Parishad Pradhamika Patashala,  
Kamakshinagar, T.P.Gudur,  
Nellore, Andhra Pradesh.

**Sub:** Request for Permission to Conduct School Health Program at Mandal Praja Parishad Pradhamika Patashala, Kamakshinagar, Kamakshinagar, T.P.Gudur on 10.09.2025

### Respected Sir/Madam,

I am writing to seek permission to conduct School Health Program at Mandal Praja Parishad Pradhamika Patashala, by our IV B. Sc Nursing students as part of their academic and practical training. This initiative aims of school health program is to improve the physical, mental, and emotional well-being of students. This initiative is designed to conduct medical checkups, mental health support, and the promotion of healthy lifestyle habits among students. Health education to raise awareness about the importance of Personal hygiene and Causes of Juvenile Diabetes Mellitus among children.

We kindly request to permit our students participate in educational sessions, and health checkups under the supervision of Nursing faculties by ensuring compliance with the necessary norms and guidelines.

Your support in granting permission for this initiative will be greatly appreciated.  
Thanking you in anticipation of your positive response.

*P. N. Nitya*  
10/9/25

Head Master  
Head Master

**MPPP SCHOOL**

Kamakshi Nagar, T.P. Gudur (in);  
SPSR Nellore Dist.



*B. Anuraj*  
Principal  
Principal

**NARAYANA COLLEGE OF NURSING**  
Chinthareddypalem,  
NELLORE - 524 003



# NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana\_nursing@yahoo.co.in || principal.ncn@narayanannursingcollege.com

website: https://www.narayanannursingcollege.com



COHN/25/09

Date: 03.09.2025

## CIRCULAR

Department of Community Health Nursing is initiating to conduct School Health Program on 10.09.2025 with the aim to conduct medical checkups, mental health support, and the promotion of healthy lifestyle habits among students at Mandal Praja Parishad Pradhamika Patashala, Kamakshinagar, Kamakshinagar, T.P.Gudur. SPSR Nellore, AP

I request the faculty and students to take part in the events and make it effective and productive.

### Details of the program:

**Venue:** Mandal Praja Parishad Pradhamika Patashala, Kamakshinagar, T.P. Gudur

**Date:** 10.09.2025

**Time:** 9 am – 12pm.

**Group:** IV B.sc Nursing

### Copy to

1. IQAC
2. Dept. HODs
3. Notice board



*B. Amiji*  
PRINCIPAL

Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

**Date: 10.09.2025**

On behalf of the Mandal Praja Parishad Pradhamika Patashala, Kamakshinagar T.P.Gudur SPSR Nellore, we extend our heartfelt appreciation to Narayana College of Nursing students, faculty and Principal for outstanding efforts in organizing the School Health Program on 10<sup>th</sup> September, 2025.

Your dedication and commitment towards medical checkups, mental health support, and the promotion of healthy lifestyle habits among students were evident in the well-coordinated impactful educational messages, and engaging visual aids that effectively conveyed crucial information about Causes of Juvenile Diabetes Mellitus among children.

We appreciate the faculty members of Community health nursing department for their guidance and leadership, and we deeply appreciate the enthusiasm and efforts of the students in spreading awareness with such clarity and compassion

We look forward to continued collaboration in the future for similar community health programs.



10/9/25

**Head Master**

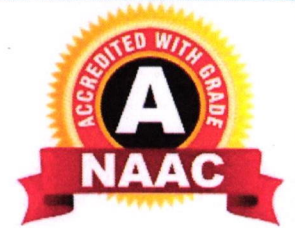
**MPPP SCHOOL**

**Kamakshi Nagar, T.P. Gudur (M);  
SPSR Nellore Dist**



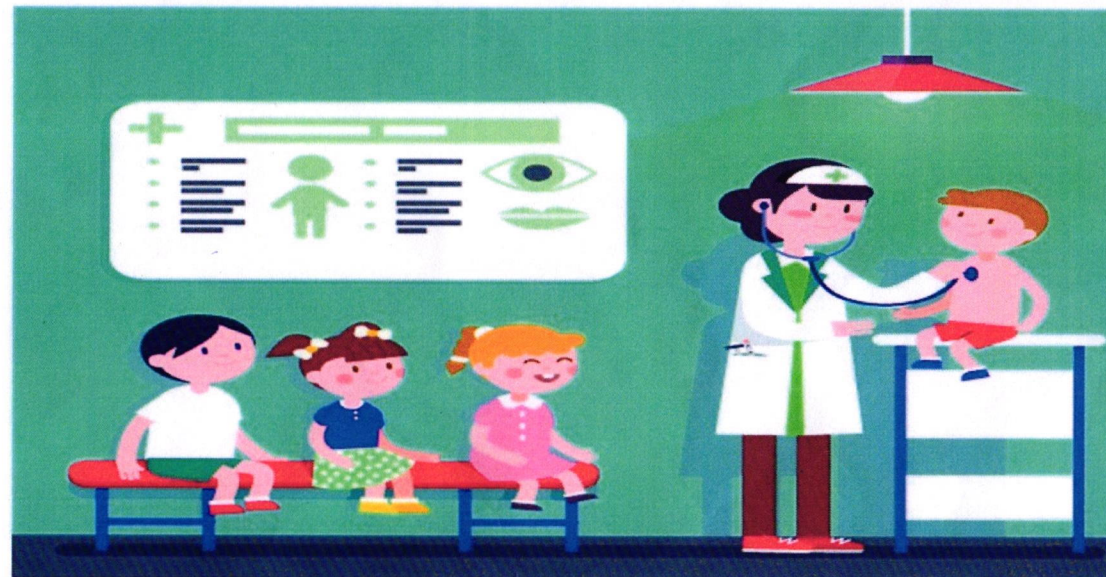


# NARAYANA COLLEGE OF NURSING



Accredited by IAO & Certified by ISO  
Chinthareddypalem, Nellore.

## DEPARTMENT OF COMMUNITY HEALTH NURSING SCHOOL HEALTH PROGRAM



**Date: 10.09.2025 || Time: 09:00 am - 12:00 pm || Venue: Elementry School, TP Gudur, Nellore.**

*Principal*

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003



**NARAYANA COLLEGE OF NURSING**

**Chinthareddypalem, Nellore - 524003. A.P.**

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: [narayana\\_nursing@yahoo.co.in](mailto:narayana_nursing@yahoo.co.in) | [principal.ncn@narayananursingcollege.com](mailto:principal.ncn@narayananursingcollege.com)

website: <https://www.narayananursingcollege.com>



---

## DEPARTMENT OF COMMUNITY HEALTH NURSING

### REPORT ON SCHOOL HEALTH PROGRAM-2025

On 10<sup>th</sup> September, 2025, the NSS Unit of Narayana College Of Nursing, in collaboration with the Community Health Nursing Department, organized a School Health Program at Mandal Praja Parishad Pradhamika Patashala, T.P.Gudur Nellore. The program aimed to promote health awareness among school children and to provide basic health education, and health checkups.

The event began with a welcome address by the Faculty Mrs. J Shiny Swaroopa, who highlighted the importance of school health programs in fostering healthy habits among children from a young age. The Mrs. J Shiny Swaroopa emphasized that early health education plays a crucial role in preventing diseases and ensuring the overall well-being of students.

Following the welcome address, the team from the Community Health Nursing Department conducted a health education session for the students. The session covered a range of topics, including:

- **Personal Hygiene:** Students were taught the importance of maintaining personal cleanliness, such as regular hand washing, brushing teeth twice a day, and keeping nails trimmed.
- **Balanced Diet:** The significance of eating a balanced diet rich in fruits, vegetables, and whole grains was explained, along with the need to avoid junk food.



- **Physical Activity:** The session highlighted the benefits of regular physical exercise and encouraged students to participate in outdoor activities and sports.
- **Disease Prevention like Juvenile Diabetes mellitus:** Basic information on common illnesses like colds, flu, and the importance of vaccinations was provided to the students.

After the educational session, a health check-up camp was organized, where the NSS volunteers, under the supervision of faculty from the Community Health Nursing Department, conducted basic health screenings for the students. The screenings included:

- **Height and Weight Measurement:** To assess the students' growth and development.
- **Vision Screening:** To identify any vision problems that may require further examination.
- **General Health Check-up:** To evaluate the overall health and detect any signs of common illnesses.

The health check-up provided valuable insights into the students' health status, and those who needed further medical attention were referred to local health facilities.

In addition to the health education and screenings, informative pamphlets on nutrition, hygiene, and disease prevention were distributed to the students. These pamphlets were designed to reinforce the key messages delivered during the program and to provide parents with guidance on maintaining their children's health at home.

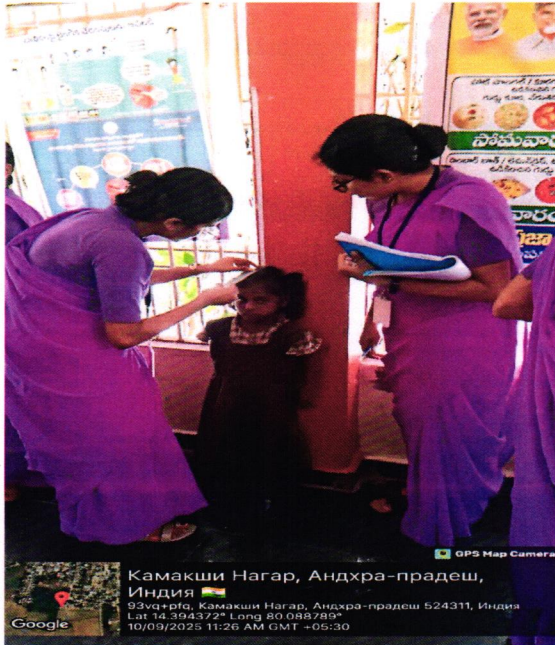
The program concluded with a vote of thanks by the headmistress of Mandal Praja Parishad Pradhamika Patashala, T.P.Gudur who expressed gratitude to Sree Narayana Nursing College's NSS Unit and the Community Health Nursing Department for their efforts in organizing the event. The headmistress emphasized the importance of such initiatives in improving the health and well-being of students and looked forward to future collaborations.

The School Health Program on 10th September 2025 was a successful and impactful event, leaving a positive impression on the students and staff of Mandal Praja Parishad Pradhamika Patashala, T P Gudur. The collaboration between the NSS Unit and Community Health Nursing Department ensured that the program was both educational and beneficial, contributing to the overall health awareness of the school community.

#### Photos:



**Children Gathered for the program very actively**



**Nursing students were performing physical examination**

*B. Anuraj*  
**HOD**

Dept of Community Health Nursing  
**NARAYANA COLLEGE OF NURSING**  
Chinthareddypalem,  
NELLORE - 524 003.



*B. Anuraj*  
**Principal**

**NARAYANA COLLEGE OF NURSING**  
Chinthareddypalem,  
NELLORE - 524 003